



## KATJA MUTSCHELKNAUS MY WONDERFUL GARDEN SALON

HOW WOMEN ENJOY LIFE IN THEIR GARDENS

**Probably the most enchanting garden book of the spring.**

**Recipes, tips and suggestions for stylish invitations and meals,  
delightful leisure and relaxation.**

»The idea of the book: to present the garden as a *chambre séparée* in one's heart of hearts. A private space, ideally sheltered from curious gazes, where women can abandon themselves to the most delightful of pleasures. The interior of the garden doesn't just stand around stiffly and silently like furniture, but has a whirring, fluttering, singing life of its own: the rustle of leaves, bird song, glittering sunlight and flowers bring this outdoor home of the heart to life, where women are all too happy to spend their time. They can be playful here, joyful, relaxed and in a party mood. All on their own. Alone – but also with others!« *Katja Mutschelknaus*

Books about the joys of the garden are usually books about gardening. Not this one. This one is about the pleasure that comes after work is finished. And about making the garden into a salon, a room with a view. About the pleasurable things that women like to do when they're in a sunny mood and a sunny landscape – things that are the opposite of effortful.

Katja Mutschelknaus pours out a cornucopia of ideas and scenarios: *Ladies' Lunch and Tea Time* with roses, friendly chats under the trees and picnics at the garden table, beauty-recipes taken from nature and magical traditions, oriental garden parties and enchanted nooks in the *Secret Garden*, Champagne atmospheres and sparkling moments, sunbathing with parasol, charm and punch, or a lamplit buffet beneath the moon – her book is brimming with imaginative suggestions about decoration, cooking and feminine hospitality. Practical tips, recipes and pointers to other sources round off what is surely the most inspiring garden book of the season.

- In this book the rustic and rural becomes delicate –not heavy-footed, but light as air. For women who are at home in the garden and love pretty parties and sensuous settings. But also a beautifully arranged coffee party under the trees with your best friend. And, last but not least, for all passionate and cultivated hostesses.

**Katja Mutschelknaus** studied cultural anthropology, ethnology, medieval studies and social and economic history in Munich and Los Angeles. She is an expert in culinary cultural history and lives in Munich, working as an author, public relations expert and gastronomic advisor. Publications: *Kaffeeklatsch, die Stunde der Frauen* [Coffee and chat: the women's hour] 2008; *Frauen mit Geschmack. Vom Vergnügen, eine gute Köchin zu sein* [Women of Taste: on the pleasures of being a good cook] 2010.

Visit our author on her web-page: [www.mutschelknaus.de](http://www.mutschelknaus.de)

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